

# Adult Nature Hike Schedule



## 2010 Adult Nature Hikes

2nd & 4th Tuesday

meet 8:30 am at Forysth Nature Center

## September/October 2010 Schedule

September 14- Walkill Valley Rail Trail

September 28 - Kingston Point Park

October 12 -Esopus Bend Nature Preserve

October 26 - Onteora Lake

Join us to visit some of the best walking/hiking locations in  
the Hudson Valley

This program is geared for adults and is free.

Van Transportation is provided.

These walks are weather permitting.

For more info Call 481-7336

Sponsored by Kingston Parks and Recreation/Forsyth Nature Center